

TUSM MMC MAINE TRACK FIRST YEAR MAINE ORIENTATION PRECEPTORSHIPS & COMPETENCY-BASED APPRENTICESHIP IN PRIMARY CARE (CAP) DEPARTMENT OF MEDICAL EDUCATION

Maine Medical Center's Department of Medical Education's Undergraduate Medical Education (UME) program is dedicated to **training the next generation of physicians** to help ensure Maine's communities are the healthiest in the nation. To help advance MaineHealth's academic mission, the UME program offers numerous **teaching opportunities** for practicing and retired physicians to help teach future physicians—ranging from teaching in the TUSM MMC Maine Track Program, to overseeing a fourth year elective as part of MMC's visiting student program, or mentoring a medical student with their scholarly project.

Maine Medical Center has had an affiliation for over 10 years with Tufts University School of Medicine (TUSM) to partner in training future physicians. The Maine Track is approximately 40 students each year (out of the total class of 200) who are interested in learning about and training in rural areas. Founded with three primary goals in mind, the TUSM MMC Maine Track aims to address the shortage of doctors in Maine; offer students the financial means to pursue a career in medicine; and develop an innovative curriculum focused on community-based education. Maine Track students complete most of their preclinical training and clinical training at MMC and throughout the state of Maine.



Teaching opportunities vary and range from classic didactic teaching on basic science and clinical application of medical knowledge, to small group teaching on medical and professional topics, to simulation based teaching that encompasses skills training, high fidelity simulation training and the use of standardized patients to improve physical exam and interview skills, as well as interpersonal skills and communication.

Additionally, we are always looking for physicians with an interest in teaching in our first year Rural Preceptorship and second year Competency-Based Apprenticeship in Primary Care (CAP) programs.



FIRST YEAR MAINE ORIENTATION PRECEPTORSHIPS

Maine Track students begin medical school with a week-long orientation to introduce them to Maine, our healthcare community and to the unique Maine Track curriculum. The orientation includes a two-day shadowing experience in outpatient practices throughout the state of Maine.

This is an immersive experience that provides medical students with a brief, but tangible introduction to healthcare delivery in Northern New England. Students are linked to a preceptor who will serve as their primary guide in their assigned community. The students' principal responsibility is to observe patient care and gather information on a number of healthcare-related topics specific to the community.

- **Time commitment:** 2 total days (July)
- **Student volume:** 1-2 students/experience
- **Who Precepts?** Specialists in family medicine, internal medicine, pediatrics and IM-Peds

CAP PRECEPTORS

Throughout their second year, Maine Track students begin their CAP—Competency-based Apprenticeship in Primary Care—with a practicing physician in a Maine community. CAP serves as the initial exposure to the clinical setting for students and aims to provide an early exposure to primary care and support the development

of mentoring relationships between the faculty members and their students.

During CAP, students will travel within the state to work with assigned Maine primary care preceptors at their practices. Students are responsible for meeting a list of competencies with preceptor supervision and completing several course assignments.

- **Time commitment:**
 - » 15 total days (August through January)
 - » Series of Mondays and Tuesdays (to allow for travel)
 - » Two preceptors can share a student
- **Student Volume:** 1 student/academic year
- **Who Precepts?** Specialists in family medicine, internal medicine, pediatrics and IM-Peds

Not ready to sign up as a CAP preceptor? There are also opportunities to get involved with various CAP workshop opportunities throughout the academic year, such as case presentations and SOAP notes workshops; feedback workshops; and physical diagnosis practice sessions.

If you are interested in precepting with the Rural Preceptorship and/or the CAP programs, please contact the UME Program at UME_MedEd@mainehealth.org; or to learn more, visit our Teaching Opportunities website at mitemmc.org/medical-education-teaching-opportunities.

